

# OPAL @ Hook Norton

Outdoor Play and Learning



HOOK NORTON

CHURCH OF ENGLAND PRIMARY SCHOOL



# The mission?

For every primary school child to have an amazing playtime, every day, with no exceptions!





# What is OPAL?

*OPAL is a UK and world leader in supporting schools to improve the quality of children's play*



# Why do we do it?

## Core Memories

20% of school life

Per year

231 hours

37 days

7.4 weeks

Primary years

1.4 years

## Life Skills

Communication skills

Literacy

Numeracy

Artistic creativity

Narrative skills

Social and group work skills

Understanding rules

Discussion skills

Mental representation

## Integration

New friendships

Inclusion

Social skills

Non-judgemental

No age restrictions

No gender bias



# What is play?

Play is a process that is:

Freely  
Chosen

Intrinsically  
motivated

Self-  
Directed





Acorns



Grass



Leaves



Logs



Pine Cones



Rain & Water



Sand



Snow



Shells



Soil



Sticks



Stones



Wild Flowers



Wood Cookies

# OPAL Resourcing

*OPAL thrives  
on donations  
and support  
from you !*



Baking Pans



Cake Moulds



Ice Cube Trays



Kitchen Tools



Measuring Spoons



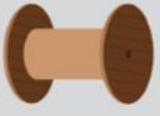
Pots & Pans



Strainers



Baskets



Cable Spools



Cardboard Items



Cones



Containers



Corrugated Pipes



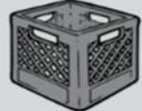
Dress-Up Items



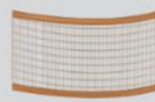
Fabric



Funnels



Milk Crates



Nets



Old Electronics



Pool Noodles



PVC Pipes



Rolling Carriers



Ropes



Shovels & Spades



Sinks & Tubs



Tarps



Tires & Wheels



Wooden Planks



Ideas and information for parents and carers of children aged between 4 and 11 years



For all  
parents

## The Power of Playtime!

Outdoor play, every day, will change your child's life

Step inside to find out:

Why it's important for children to play outside every day  
How you can help change school playtimes  
3 key ways you can help

Plus a pull out  
and keep sheet

including 8 top tips for more  
outdoor play at home and  
3 sure-fire outdoor  
play starters

Outdoor Play and Learning (OPAL) CIC

Supporting school improvement through play  
[www.outdoorplayandlearning.org.uk](http://www.outdoorplayandlearning.org.uk)

# Play is for EVERYONE

Exercise  
Family time  
Fun  
Improved mental health  
Fresh air  
Relaxation  
Feel good factor



# The Essentials



A warm  
waterproof  
raincoat

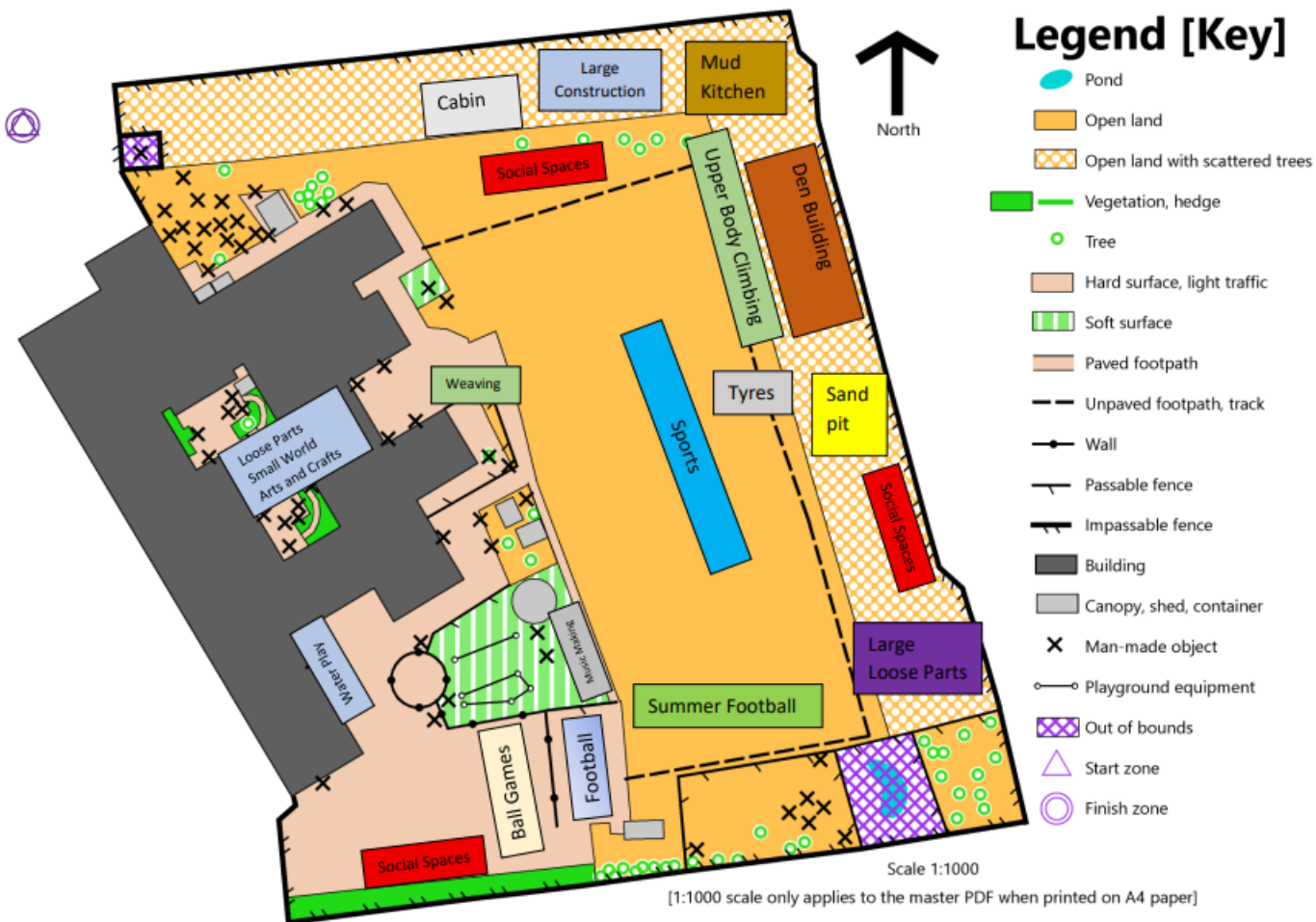


Wellies



A tolerance of  
mud and dirt

## OPAL Play Plan



# The Masterplan

Hook Norton is planning for the future of OPAL

